



CPAA Council Meeting Summary: March 12, 2015

Welcome and Introductions

Council members and guests gathered for the March 12th meeting of the Cascade Pacific Action Alliance. The focus of this meeting was to learn more about shared savings and distribution, Medicaid purchasing, to brainstorm the potential role as an ACH in Medicaid Purchasing, and to work towards identifying one to two key strategies related to improving access (provider capacity) that the ACH can leverage and pursue as a region.

Shared Learning

Kat Latet and Chase Napier with the Washington Health Care Authority reviewed the current Medicaid Purchasing Landscape, the direction the State is moving in plans outlined by Healthier Washington, and the various purchasing pathways leading to fully integrated Managed Care across the state by 2020. Nathan Johnson continued the discussion highlighting the opportunity for shared savings for those counties who elect to become Early Adopters and fully integrate purchasing by 2016. Additionally, he reviewed preliminary approaches to an ACH's role as a partner in purchasing which may include; inform purchasing design priorities overtime; access, quality and performance monitoring and feedback; and developing a strategy to partner in addressing statewide and regional health priorities.

Some questions raised by Council members include:

- How can Medicaid play a role in purchasing of housing?
 - Nathan assured these conversations are happening at the state level, i.e. Health-Housing Partnership
- Will it be possible for ACHs to influence the outflow of dollars spent by Medicaid Managed Care plans?
 - Nathan responded that it may be necessary to acquire federal investment for long-term sustainability
- Can the structural changes shake up the resources enough to create savings?
 - Nathan commented that more systemic change will need to occur in order to see 'real' savings

The Council reviewed a draft outlining its potential role in Medicaid purchasing. The Council emphasized that while interested in Medicaid purchasing, the CPAA needs to determine what the work is going forward before determining the roles.

Regional Health Improvement Plan

The Council reviewed the various strategies related to access/provider capacity being carried out at the local level and then discussed possible regional strategies in small groups. Various strategies that emerged were:

- More widespread use of community health workers
- Shared regional approach to recruitment of healthcare providers (including partnerships with universities, loan repayment, communities to offer housing subsidies for providers, more transparency in recruiting efforts- including strategies by MCO's)
- Regional approach to increase the amount of education slots (medical/nursing programs)
- Look at the credentialing of providers by prescriptive authority



- Have a broader, team oriented approach to address social service and health needs
- Expand training of allied health professionals
- Increase compensation and more consistent compensation across settings (i.e. rural vs. urban) and practice setting (i.e. public health vs. hospital)
- Implement telemedicine

To summarize, the Council came to consensus on three strategies

- **Increase local workforce development and training:**
 - Developing capacity for community based programs to educate and train allied health professionals
 - Develop a peer to peer community health worker workforce
 - Look at the credentialing of providers by prescriptive authority
 - Use telemedicine to increase provider capacity
- **Increase providers by developing a regional recruitment effort and to increase compensation:**
 - Shared regional approach to recruitment of healthcare providers (including partnerships with universities, loan repayment, communities to offer housing subsidies for providers, more transparency in recruiting efforts- including strategies by MCO's)
 - Increase compensation and more consistent compensation across settings (i.e. rural vs. urban) and practice setting (i.e. public health vs. hospital)
 - Increase compensation for behavioral health social services
- **Develop team based approaches for helping a person improve health or stay healthy:**
 - Have a broader, team oriented approach to address social service and health needs

Youth Behavioral Health Coordination Work Group

The work group is currently working on identifying possible sites to implement the project. It was suggested that the group look into selecting both an elementary school and middle school in both a rural and urban environment. Lists of potential schools were submitted by the group to Lynn Nelson, who will then submit the list to the appropriate districts in order to determine what resources are available at those schools. CHOICE will follow up with potential schools to determine their interest in engaging in the project. It was determined that it will be easier to narrow down and determine an appropriate screening tool once the school location/age level of students is identified.

Next Steps

The next CPAA Council Meeting will be **April 9, 2015; 1:00-4:00PM**, at Summit Pacific Medical Center in Elma, WA.