



CPAA Council Meeting Summary: May 14, 2015

Welcome and Introductions

Council members and guests gathered for the May 14th Council meeting of the Cascade Pacific Action Alliance. The focus of the meeting was to develop regional strategies for two established priority areas (Chronic Disease Prevention/Management, and ACEs Mitigation/Prevention), update the team on the Youth Behavioral Health Coordination Pilot Project, and review the Alliance’s sustainability pathway report and response to the state’s ACH logic model.

Regional Health Improvement Plan

After multiple brainstorm sessions, the Council agreed to the following:

Chronic Care Management/Prevention:

- **Utilize community health workers.**
 - The council still needs to define what the term “community health worker” means in this context – are they healthcare professionals, social workers, support groups, etc.?
 - Other considerations include what the capacity of current health plan caseworkers is, what the breadth of these community health workers will be, and whether we need multiple different types of community health workers.
- **Link ACEs, primary care, health plans, and other community resources.**
 - Develop interventions at different stages and coordinate across sectors.
 - Research existing community assets and community resources.
 - Considerations include figuring out where the responsibility for follow-through and coordination will fall: primary care, community workers, health plans?
 - Develop strategies that imbed an ACE lens in policies and practices across public/private organizations (e.g., state, business, schools, nonprofits, health plans, provider practices, hospitals, etc).

Mitigation/Prevention of ACEs:

- **Next Steps:**
 - Review effective ACEs models and research
 - This is an opportunity for shared learning.
 - There may also be an opportunity to improve upon existing databases or regional resource hubs.
 - Develop a strategy towards trauma-informed communities
 - Develop an awareness campaign to educate stakeholders about the concept of ACEs.
 - Including a higher priority on perinatal ACEs education.



Youth Behavioral Health Coordination Work Group

Liz Davis provided an update on the work group's progress: they have some potential pilot schools that may be able and willing to participate in the project. The team may have to compromise somewhat on the participation criteria in order to reach participation numbers goals. The timeline is to have the sites and work plan finalized by the end of June.

CPAA Governance & Roles

The team reviewed the draft ACH sustainability pathway and the initial feedback to the state's ACH Logic Model. There were suggestions that our sustainability plan include the caveat that the state increase its investment in the ACHs and also in existing programs that will contribute to improved health in our communities (e.g. education). The group agreed with the Support Team's initial feedback to the state's logic model, and requested that CHOICE also add the suggestion for the state to look at their full budget across sectors and consider how those allocations will affect the work of the ACHs. The team also agreed that CHOICE should reach out to the other ACHs in the state to discuss and possibly achieve solidarity for the Alliance's suggestions regarding the state budget. CHOICE will draft and submit a sustainability pathway and response to the state ACH logic model by June 15, 2015

Next Steps

The next CPAA Council Meeting will be **June 11, 2015; 1:00-4:00PM** at Summit Pacific Medical Center in Elma, Washington.