



Youth Behavioral Health Coordination Project Work Group

Meeting Summary, 2/27/2015

I. Review of Screening Tools

Lynn Nelson of ESD #113 briefly reviewed a list of 6 screening tools she is most familiar, and provided the following link as a guideline to the selection process.

http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Documents/MH_ScreeningChart.pdf

Some other points to consider in selecting a screening tool are as follows:

- Some screening tools are sensitive to certain diagnoses and age levels
- It is best to select targeted population age/grade level before determining specific screening tool
- The tool selected should be one which can be used by both clinicians and educators
- The group will want to determine if the screenings will be administered on a referral basis or conducted throughout the entire school, of which there are benefits and disadvantages to both

II. Discussion around site location/age/grade level

This discussion yielded the following determinations:

- It will be beneficial to implement this project at both the elementary and middle or high school level to capture two different age ranges; in addition to having a rural and urban setting for each of the targeted populations.
- Identifying behavioral risk factors in younger populations has many benefits, one being earlier treatment which in return drives down health care costs.
- A benefit of targeting an older population is that the project may have an opportunity to leverage existing programs in the community, which is one of the goals of the grant.
- It was recommended that the group look at using feeder schools as an approach to capturing both populations, and being able to educate the community simultaneously.
- Another recommendation was to look at implementing the project in schools where there are existing behavioral health resources.
- One consideration to still be determined is where the screening will take place- within the schools or clinical setting? How will the project coordinate services between these two sectors?



III. Summary and Next Steps

- Members of the group will compile a list of recommended schools in their communities and email those to CHOICE by March 4th close of business.
 - Initial School Districts include: Tumwater, North Thurston, Olympia, Rochester, Longview and Kelso.
- CHOICE will email these lists to Lynn Nelson, who will then forward them on to the appropriate ESDs.
- The Prevention Centers or nurses of the ESDs will be able to do a scan for existing resources for those schools.
- CHOICE will follow up with the schools who have existing resources to determine whether or not they would like to engage in the project.
- The next meeting is **March 17th, 11AM-12PM**. The group determined it is best to meet twice/month. Please stay tuned for additional meeting dates.