



CPAA Council Meeting Summary: October 8, 2015

Welcome and Introductions

The October 8th Council meeting of the Cascade Pacific Action Alliance was held at Summit Pacific Medical Center. The goals of the meeting were to update the Council on the Youth Behavioral Health Pilot Project progress, learn about the Regional Alliance of Youth Program, advance the Regional Health Improvement Plan (RHIP) work, approve the Finance Committee Charter, and finalize the Global Waiver application's conditional letter of support.

Youth Behavioral Health Pilot Project

Eileen Branscome with Mason General Hospital gave a brief update about the progress of the pilot project. Work group members recently met with both the Pioneer School District and the Tumwater School District. The superintendents and staffs of both districts are interested in participating. Dialogue will continue with pilot sites to determine project objectives and address the financial and implementation concerns. The council reminded the work group to keep their public health partners in the loop on those conversations so that relationships are strengthened with the school districts.

Other counties mentioned similar local projects including:

- Grays Harbor County – Clinical Pathways project
- Lewis County – similar project; they would like a copy of the CPAA work group's screening tool for comparison
- Pacific County – working with their BHO to have counselors come into their schools regularly
- Wahkiakum County – Mental Health for Youth project

Regional Alliance for Youth Program

Mike Hickman with ESD 113 gave a short presentation about the Regional Alliance for Youth program, which is a product of a modest Washington College Access Network grant from 2012. The Alliance includes schools, youth-based organizations, faith-based organizations, businesses, and other agencies that share a vision that every young person is an active community member engaged in lifelong learning and meaningful work. The group's mission is to coordinate education and employment readiness opportunities from cradle to career through a common agenda, shared measurement systems, mutually reinforcing activities and continuous communication.

The Council was interested in considering a partnership with this alliance, so the group will continue discussing what that collaboration could look like. The Council also encouraged each other to bring forward more of these local and regional efforts that members may be involved in.

Regional Health Improvement Plan (RHIP)

Overall context for the RHIP work

The Council reviewed the big picture of the work that needs to be done: the ultimate goal of the CPAA is to be the healthiest region, and the Regional Health Improvement Plan is the strategic plan that will help



the alliance achieve that goal. In the short term, the goal is to get the RHIP to the point of having actionable strategies by the end of December. The council also reminded each other of some important considerations while working on focusing a strategic plan:

- Whichever strategies rise to the top do **not** mean that other strategies are unimportant and will drop off.
- The CPAA should have a balanced/diverse portfolio of strategies and include some from every sector and community in our region.
- The strategies should create a portfolio of short, medium, and long timeframes in order to sustain energy, and encourage funding opportunities.
- The CPAA should proactively define itself in preparation for a potential global Medicaid waiver. The RHIP should not be solely focused on the global waiver, but the more the CPAA is able to prepare, the more ready it will be for that and other opportunities.
- What the CPAA decides to do will be additive to our local communities, not superseding or in replacement of the work that is already going on.

Criteria Worksheet Development

The goal for this meeting was to vet a criteria tool to guide the council's planning. In order to review the criteria tool, the council separated into four smaller groups to read and discuss the tool using the example strategy of community design.

After the small group discussions, the council provided feedback on the criteria tool, which will be used to update the worksheet. The criteria tool, as improved by the council, will be used to individually rate each strategy on the Regional Health Improvement Plan.

Further strategy development

The council reviewed the 29 strategies currently included in the RHIP document and discussed which ones needed more detail or needed changes. Several council members offered to provide more detail for some of the strategies in the RHIP.

Next Steps: Council members who volunteered to provide more detail and additional strategies should provide those to CHOICE staff by next Tuesday, Oct. 13th. CHOICE staff will then revise the RHIP document and send it out to the council by Wednesday, Oct. 14th. The council will then be asked to use the criteria tool worksheet to rate each of the strategies on the RHIP document within a two-week timeframe.

Finance Committee Charter

The Council requested that a requirement for diverse sector representation be added into the charter. CHOICE staff will add this phrase into the last sentence of the second paragraph: "... and be as cross-sectoral as possible." With that addition, the Council came to consensus on and approved the document.



Next Steps: The council will consider and bring forward nominations for committee membership up through the next Council meeting, which will be on November 12th.

Medicaid Global Waiver

The council reviewed the letter of support that the CPAA will submit to the federal Centers for Medicare and Medicaid Services (CMS) as part of the federal public comment period of Washington State's Global Medicaid Waiver application.

This letter used stronger language to express "qualified support" for the global waiver. The group agreed that this language was consistent with the language coming from other organizations and collaboratives in the state. The council finds it important to express the CPAA's qualified support for the outcome of the global waiver itself, and believes that the considerations outlined in the letter will be helpful to the state in its continued negotiations and plans.

The council came to consensus and approved the letter to be submitted by staff on behalf of the CPAA on Friday, October 9, 2015 in order to stay inside the federal public comment period deadline.

Next Steps

- The next CPAA Council Meeting will be **November 12, 2015, 1:00PM–4:00PM** at Summit Pacific Medical Center.
- CHOICE staff will update and share the approved Finance Committee charter and begin taking nominations for membership.
- CHOICE staff will submit the letter of support for the Global Medicaid Waiver on Friday, October 9, 2015.
- Council members should submit any further RHIP strategy development work to CHOICE staff by Tuesday, October 13th. CHOICE staff will send out the updated RHIP document and Criteria Tool Worksheet to the council on Wednesday, October 14th.
- Council members should use the Criteria Tool Worksheet to rate the RHIP strategies individually and with their local content experts. Ratings should be submitted along with a brief explanation of bias to CHOICE staff within two weeks and before the Support Team meeting on October 22nd. Staff will give a solid deadline when the documents are sent out.