



CPAA Council Meeting Summary: February 11, 2016

Welcome and Introductions

The February 11th Council meeting of the Cascade Pacific Action Alliance was held at Summit Pacific Medical Center in Elma, WA. The goals of the meeting were to review project updates, review CPAA evaluation survey results, review recommendations from the Support Team regarding governance and structure, approve the global Medicaid waiver support letter, and learn about the data tools available to the CPAA and how those tools relate to the Regional Health Improvement Plan.

Project Updates

Youth Marijuana Prevention and Education Program (YMPEP)

The Council was reminded that the CPAA submitted a successful application in December for the grant from the Washington State Department of Health (DOH) by bringing together several regional partners.

April 1st is the start date for the beginning of the contract, and there will be a kick-off event in mid-March. In the meantime, DOH is hosting learning sessions about the program, which backbone staff will be sure to communicate to CPAA Council members and other participating stakeholders. CHOICE is also planning on hiring a program manager for this project.

Youth Behavioral Health Coordination Pilot Project

The Council was updated on the progress of the Youth Behavioral Health Coordination project, which has been moving forward at all four pilot sites.

Specifically, the Cowlitz County site, Monticello Middle School, has identified 46 students to serve in this project. Capital Region Educational Service District 113 (CR-ESD 113) is working with the RSN in Thurston and Mason counties and the administration of the Pioneer School District to begin implementation at the Pioneer site. The Wahkiakum work group has brought in a group of community stakeholders including school officials, social services, the county sheriff, and the county prosecutor to discuss standardized screening and implementation at the Wahkiakum school.

The Council was encouraged to hear that real work is happening on the ground in the region's communities, where real kids are being positively affected by this cross-sector collaborative effort.

Accountable Health Communities Update

At the January Council meeting, it was agreed that the Support Team would discuss the federal Accountable Health Communities grant from the Centers for Medicare and Medicaid Services (CMS) in order to make a recommendation on whether the CPAA should pursue the funding opportunity. The Support Team studied the RFP and decided that since the grant is very clinically focused, it would be a better fit for a large health system. CHOICE staff got in touch with Providence and discussed the possibility of partnership on an application that would be relevant for our region, with the understanding that the CPAA would not be the best fit for taking the lead on this project.



Plan for Improving Population Health

Danette York gave an update as the CPAA representative to the Plan for Improving Population Health Advisory Work Group, which is part of the Healthier Washington initiative. The External Stakeholder Advisory Group provides input guidance regarding the prevention framework for the plan. The group met in January and decided that they would divide into four work groups, which will look at each of the focus areas. If any Council members have subject expertise and would like to get involved, or if anyone has comments or questions, they can get in touch with Danette.

More information can be found on the [Plan for Improving Population Health web page](#).

CPAA Evaluation Survey Results

The Center for Community Health and Evaluation (CCE) conducted a survey in the fall of 2015. The survey was distributed to Council members, Support Team members, and Youth BH Coordination project work group members. The Council reviewed the highlights from the survey, as delineated on this [two-page summary](#).

The biggest opportunities for improvement shown by this survey regarded community engagement and communications. The Council discussed some suggestions for improving CPAA performance in those areas:

One suggestion was to develop collective messaging by working together with the other ACHs across the state. This tactic of having a unified message may be especially useful for handling future communications with legislators regarding ACH relevant issues. Other suggestions included developing a policy committee within the CPAA Council, and Council members contacting legislators individually to offer information about the CPAA. The Council agreed that a legislative strategy should be well-developed in the CPAA Communications and Engagement Plan. The Council also agreed that there is opportunity to work together with the ACHs to discuss these communications questions on a statewide level.

Another suggestion was that Council members should take advantage of the monthly CPAA newsletters distributed by CHOICE, which can be very helpful in explaining highlights of CPAA activity to local community stakeholders.

Governance and Structure

As part of its annual review of governance and structure, the Council reviewed the current CPAA Charter. The Council agreed that backbone staff should develop a draft charter that is more in the format of the Finance Committee Charter, and which will serve as an internal structural guide. Staff will consolidate the information already available into consistently formatted documents that are accessible for Council members and other stakeholders. The overview document will be kept for use as an external marketing tool. While the Council does not currently see a need to develop formal bylaws, one suggestion was to draft official bylaws with legal counsel earlier rather than later if the CPAA would ever consider incorporating as a separate organization.



The Council next reviewed the CPAA membership roster and discussed the best ways to fill sector gaps. There was general agreement that the RHIP workgroups will be a good place to get more community members engaged, because interest will build around activities on the local level, and engagement logistics will be simpler on a smaller local scale.

The group agrees that getting consumers more involved in decision-making is important, and the CPAA should continue thinking of ways to engage consumers.

Tribal engagement has been emerging as a priority for improving the CPAA's community engagement, and CHOICE has been in contact with South Puget Intertribal Planning Agency (SPIPA) and the Skokomish Tribe. SPIPA has been actively engaged in the YMPEP grant process, and both SPIPA and the Skokomish tribe have expressed interest in further involvement with the CPAA. The Council is asked to further consider whether it makes sense to develop an 8th forum for the tribes in our region that would function like a local forum and inform the discussions of the Council.

Global Waiver Projects Support Letter

The Council reviewed a letter of support and a list of projects submitted by other organizations to HCA for global waiver transformation project consideration. The process that backbone staff used to prepare this list of project ideas to support was based on the criteria that the Council agreed upon during the December Council meeting: projects garnering CPAA support would include strong potential for interconnectivity within the CPAA region, and show either clear alignment with one of the CPAA's RHIP strategies or more broad alignment with one of the CPAA's Regional Priority Areas.

The Council approved the list of projects and the letter of support, with the caveat that language be added to clarify the significance of the first 10 projects in the list, and clearly explain the process and criteria used in developing the list.

Shared Learning: How do we know if we're making a difference?

Four panelists from different information and data organizations were welcomed to the CPAA Council meeting in order to facilitate a conversation that can start putting together the puzzle pieces of what information and data work is available to the region. The presentations from each of the four organizations are available below:

- [Healthier Washington: Analytics, Interoperability and Measurement \(AIM\) – Adam Aaseby](#)
- [Center for Outcomes Research and Education \(CORE\) – Nikki Olson](#)
- [Center for Community Health & Evaluation \(CCHE\) – Erin Hertel](#)
- [Washington Health Alliance – Susie Dade](#)

Discussion

Several Council members had the question of where the Social Determinants of Health were in these measurement tools. It was also brought up that it would be a missed opportunity if data is not evaluated on a community level.



The Council also sees a need to continue the conversation in order to continue filling in the blanks of how the information and tools presented here will help the CPAA make meaningful decisions about projects that make sense on the community and regional level. The Council, these four presenters, and their organizations will return for another Council meeting to continue the discussion.

Next Steps

- The next CPAA Council Meeting will be **March 10th, 2016, 1:00PM–4:00PM** at Summit Pacific Medical Center.
- CHOICE staff will draft an updated CPAA Council Charter.
- CHOICE staff will update the support letter for global Medicaid waiver transformation projects and submit to HCA prior to Feb. 21st.