



CPAA Support Team Meeting Summary: June 23, 2016

Welcome and Introductions

On Thursday, June 23rd, 2016, the CPAA Support Team gathered via teleconference for a meeting to prepare for the July 14th Council meeting. The goals of the meeting were to discuss tribal expectations for regional tribal meeting, debrief recent shared learning sessions and determine future topics, review the Communication and Engagement Gap Analysis, review the Policymaker talking points reiteration, and discuss the goals of the Regional Health Improvement Plan compass.

Regional Tribal Meeting

The American Indian Health Commission has planned and is hosting a regional meeting for the tribes in the area to get together with CPAA leaders. The goal of the meeting is for CPAA members to learn about tribal health care and the cultures of the tribes in the region. The CPAA has wanted to learn more about tribes and what possible opportunities there might be to work together, so Council members are very grateful for the opportunity to learn at this meeting. The meeting will be on Tuesday, June 28th, at Lucky Eagle Casino in Rochester, WA, with CPAA representatives invited to join for lunch at noon. Staff will send out more details with an invitation to the full council to attend.

Shared Learning

The Support Team debriefed the most recent shared learning sessions about Behavioral Health Organizations (BHOs), and the global Medicaid waiver. The group suggested that the shared learning sessions should provide more time for the group to process the information after presentations or panel discussions. This should include time for both small table group conversations, and larger group discussions. The group also made some suggestions for future shared learning topics that are relevant and timely for CPAA decisions:

- Value-based purchasing
- Deeper processing of early adopter and behavioral health integration, possibly with a focus on the Managed Care Organization perspective.
- Prevention and early intervention best practices.
- Sustainability and prevention funding.

Sustainability and prevention funding will be a topic of conversation at the ACH Quarterly Convening next week, so staff and the two Council representatives will bring back information from that discussion for the next council meeting. The Council will also continue discussing the syllabus, with the goal of making sure that shared learning happens in the most effective way for the CPAA.



Communication and Engagement Gaps Analysis

The Communication and Engagement gaps analysis is a document that will be submitted as a deliverable at the end of July, with a follow-up submission in October to include how the gaps are being addressed. Staff has drafted an initial list of assets and gaps in CPAA's current communication and engagement activities. The group reviewed the draft document and made some suggestions for additional gaps and assets to list:

Assets:

- Specific projects (i.e., the Youth Behavioral Health Coordination Pilot Project and the Youth Marijuana Prevention and Education Program) have begun to engage other partners (e.g. school districts, community organizations, tribal associations, etc.)
- Community health needs assessment

Gaps:

- Lack of data sharing agreements
- No system yet for monitoring improvement from the community health needs assessment

Staff will update the draft document, and bring it to the next Council meeting for further review before submission.

Policymaker Talking Points

The group reviewed the draft talking points to be used when orienting elected officials with the CPAA. The Support Team made several suggestions to improve the talking points:

- Either define “backbone” or substitute “support organization” for wider understanding.
- Add more information about the Regional Health Improvement Plan (RHIP) and the shared learning syllabus.
- Add more information about how the CPAA stands out from other ACHs; i.e. point out the things that the CPAA has accomplished first, and how it is a leader among ACHs.
- In section 2, emphasize the accomplishment of regional alignment and getting so many communities and sectors voluntarily moving in the same direction.
- Add a harder-hitting value statement. (I.e. answer the question of why ACHs are needed.)
- Add the following to the “Tough Questions” section:
 - Why are ACHs the ones who will be managing savings?
 - Why do ACHs and the CPAA matter to my constituent? How is this work improving my community?
 - How do you make sure one sector doesn't dominate?
 - How does the CPAA relate to the state and the Healthier Washington initiative?
 - What are you asking of me (the policymaker)?



- Rephrase the definition and make sure we have strong answers prepared to address sensitivity around the word “regionalization,” especially when talking to local elected officials.

Staff will update the document and bring it to the July Council meeting for further review and possibly some role playing to practice using the talking points.

RHIP Compass

Robbi Kay Norman from Uncommon Solutions and Stacy DeLong from Providence CORE lead the group in discussing the draft RHIP compass document, which is intended to help the CPAA chart its progress by documenting its “true north.” The hope for this meeting was to discuss whether the CPAA has the correct goals, data, and infrastructure in place. The group discussed the recommended goals and measures on the document, which are based on the Triple Aim. The three goals and the discussed suggestions are as follows:

- 1. See improvements in health for 80% of Washington residents and communities.**
 - Remove the chronic disease measure to have the goal more broadly address prevention and ACEs.
- 2. Achieve improved health outcomes and lower costs for Medicaid clients with physical and behavioral health co-morbidities.**
 - Expand this goal outside of Medicaid, since the CPAA wants to impact the entire population of the region, not just Medicaid clients?
- 3. Limit annual state-purchased health care cost growth to 2% less than national health expenditure trends.**
 - Remove the state portion.
 - Does this goal belong solely to the state, rather than regional ACHs?

The Support Team agrees that this compass development is important and needs more discussion. To further define the compass, the RHIP work group leads will revisit the vision statements for each priority area and develop a draft list of goals for the Council to review. Staff will help plan the logistics for the RHIP work group leads to accomplish this task.

ACH Quarterly Convening

Backbone staff members Winfried Danke and Jennifer Brackeen will be attending the ACH Quarterly Convening June 29 through July 1, along with CPAA Council members Carole Halsan and Chris Hawkins. In order to be able to take the CPAA’s questions and comments, staff requested that the Support Team do an initial review of the HCA’s Value-Based Purchasing Road Map document, which will be discussed at the convening. After discussing the document, the group agreed that the CPAA needs more education about Value Based Purchasing in order to be able to understand its implications for the region’s health systems. Staff asks that the Support Team email any specific questions or comments to them before the Quarterly Convening. The July Council meeting will include some level-setting explanations of Value-Based Purchasing, as well as information from the Quarterly Convening discussions.



August Council Meeting

The Support Team briefly considered that the August Council meeting be canceled as it was last year due to many people being on vacations. The group seemed to think it was a good idea, so the Council will discuss and decide at the next Council meeting.

Next Steps

- Staff will send out details about the regional Tribal meeting at Lucky Eagle Casino on June 28th.
- Staff will update the Communication and Engagement Gaps Analysis, and bring it to the full Council before submission to HCA at the end of July.
- Staff will update the Policymaker talking points document, and bring it to the full Council for some possible role-playing exercises.
- RHIP work group leads will revisit the vision statements to develop goals for each priority area. Staff will contact leads to schedule a meeting for this work.
- Support team members should email CHOICE staff with any further questions that they want addressed at the ACH Quarterly meeting
- Staff will bring back information about sustainability and value-based purchasing learned from next week's ACH Quarterly convening as a part of the Council's shared learning syllabus discussion.
- The full Council will discuss and decide whether to forego a council meeting in August.
- The next CPAA Council Meeting will be **July 14th, 2016, 1:00PM–4:00PM** at Summit Pacific Medical Center.