



## CPAA Support Team Meeting Summary: August 25, 2016

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### **Attendees:**

**Backbone/consulting staff:** Jennifer Brackeen, Justin Wagaman, Rebekah Finn, Winfried Danke, Victor Colman

**Council Partners:** Randy Barker (Molina), Laurie Tebo (Behavioral Health Resources), Dr. Phyllis Cavens (Child & Adolescent Clinic), Allan Fisher (United HealthCare), Caitlin Safford (Amerigroup), Mike Hickman (ESD 113)

### Welcome and Introductions

On Thursday, August 25, 2016, the CPAA Support Team gathered via conference call for a meeting to prepare for upcoming Council meetings and activities. The goals of the meeting were to discuss sustainability, talk about the local forum process, select a shared learning topic for the September Council meeting, review and recommend a letter of support process, share updates on tribal engagement, review and recommend meta goals for the RHIP compass, share updates on the governance work group, and share updates on RHIP work group activities.

### Sustainability Conversation

Winfried Danke gave an update about the July Finance Committee meeting, at which the committee discussed how there is still a gap in the operating budget for 2017. Even though HCA expects global Medicaid waiver funding to flow to ACHs in the coming months, those funds will come with a new scope of work and be restricted to Medicaid populations. The Finance Committee brought up the idea that CPAA staff and council members should meet with Health Care Authority leaders to discuss other possible funding streams from the state. After the meeting, backbone support staff followed up on this idea, and scheduled a meeting with HCA for September 20. The Support Team agreed that staff should draft some talking points for the Council members who will be attending that meeting.

Backbone support staff reported to the support team that they have had conversations with leadership at the Washington Department of Health's (DOH) Practice Transformation Hub to see if there are possibilities of working together in the CPAA region. There may be alignment between CPAA work and the Practice Transformation Hub activities, so staff will keep exploring that possibility.

The CPAA has been invited to apply for a children's health grant from the Cambia Health Foundation. Cambia has supported CPAA operations in the past, and is now interested in possibly supporting the work of the Youth Behavioral Health Coordination project. This funding would provide staffing support to help expand the implementation of the project into this second school year, and it would allow for staff coordination to leverage the N.E.A.R. Speakers Bureau for trauma-informed training to the four pilot site communities.

### Shared Learning Topics

The group discussed the timeliness of learning more about sustainability with the full council this fall. One idea for the September shared learning was to review a financing toolkit from the Georgia Health



Policy Center, which was shared at the June Accountable Communities of Health (ACH) quarterly convening. The Support Team agreed that reviewing that toolkit in small group discussions would be an effective shared learning for September, and they agreed to help lead the discussions by reviewing the toolkit ahead of time.

Other suggestions for future shared learning sessions included a presentation from Bruce Goldberg, who presented about other states' ACH efforts at the quarterly convening, and figuring out health linkages and advocacy having to do with the McCleary decision. The Support Team wants to make sure that these broad shared learning sessions continue and do not get completely overshadowed by global Medicaid waiver work in the next few months.

## Local Forum Process

The CPAA has recognized some gaps in its community engagement, and especially wants to improve its communication process for getting local information and decisions to the regional council, and make sure that local communities are informed of the work happening on the regional level as well. The group clarified that what the CPAA refers to as "local forums" include local community coalitions that are already in existence and often working independent of ACH efforts, commonly centered around the local health jurisdictions.

Backbone staff shared some suggestions from Michael O'Neill about how to improve the CPAA's local forum process:

- Develop intentional questions for local forums.
- Set aside time in regional Council meetings to talk about questions that the Council has for the local forums.
- Have local delegates attend the regional Council meetings to ask questions and stimulate conversation.
- Ask at the end of every Council meeting: "Was there something you heard today that would be helpful to ask the local forums?"

Another idea was to have representatives of each local forum give brief presentations about who they are and what they are doing at the Council meetings. The Support Team will think a bit more about how to best engage with local forums and email any additional ideas to backbone support staff within the next week. Staff will email out a reminder of that request, and will also compile a list of who the local forums are. This process will also be discussed at the next council meeting in September.

## Letter of Support Process

The group reviewed the drafted process document for responding to requests for letters of support from the CPAA. The purpose of the document is to help streamline the process so that staff can respond to requests quickly. The Support Team recommended the document for Council approval in September.



## Update on Tribal Engagement

Staff shared that the South Puget Intertribal Planning Agency recently decided to withdraw their participation in the CPAA Youth Marijuana Prevention and Education Program. Tribes are currently evaluating their engagement with ACH activities in general, and have communicated this with the Health Care Authority (HCA) via the American Indian Health Commission for Washington State (AIHC). The tribes and HCA will have another tribal consultation meeting on August 29. Backbone support staff will attend this meeting and are planning on reporting about this at the next council meeting.

At the CPAA tribal meeting back in June, tribal program staff invited the CPAA members to visit their health centers to learn more about the local tribal health systems. The Support Team agrees that the CPAA should plan these visits, and several members volunteered to be a part of those delegations:

- Caitlin Safford, Amerigroup
- Laurie Tebo, Behavioral Health Resources
- Randy Barker will get in touch with Molina's tribal liaison

Staff will also invite other CPAA Council members to join, with the hope that members will be able to visit the tribes geographically near their own communities.

## Review Meta Goals

The Support Team quickly reviewed the three “meta” goals on the Regional Health Improvement Plan (RHIP) compass, which reflect the Triple Aim. The group recommended that the “meta” goals be presented in a separate document, outside the context of the RHIP Compass document, since this was a bit confusing. The group recommended that the “meta” goals be approved by the CPAA Council in September.

## Update on Governance Structure Work Group

A work group made up of CHOICE Board members and CPAA Support Team members will look at the specifics of structuring an LLC. CHOICE staff has begun looking at sample operating agreements, and hope to have an early draft for the work group to look at in the next couple of weeks. The hope is to have a final agreement by November, and the first work group meeting will be at the end of September.

## RHIP Work Group Updates

### Care Coordination & Integration

The Care Coordination and Health Integration work group will be meeting to deeply consider its RHIP strategies and choose a starting point to get going on an activity. The plan is to do this in a three-meeting arc, starting with the first meeting on September 27.

### Youth BH Coordination Pilot

The regional work group has been working on work flows at pilot sites in preparation for the school year. They have also submitted an action plan to HCA, which was accepted with no questions. Staff will send out that action plan to the full Council.



The pilot project was also awarded an addition \$50,000 from the SIM grant, which will be used to support administration and coordination of the project across the region. Sea Mar has also expressed interest in supporting the project by potentially providing mental health therapists, particularly in Thurston and Grays Harbor counties. Laurie Tebo suggested that the new youth director at Behavioral Health Resources may want to get involved with the project (and possibly with the ACEs work group), so staff will follow up with her with more information.

### Adverse Childhood Experiences (ACEs)

The ACEs work group lead, Caitlin Safford, will attend the Care Coordination meetings and learn from that process to get the ACEs group started this fall as well. The strategy about home visiting scored very high on the Council's evaluation of RHIP strategies, so the group will likely start discussing that strategy in more detail.

### Next Steps

- Backbone support staff will draft some talking points for the funding discussion meeting with HCA. This meeting is scheduled for September 20 from 8:30 to 9:30 AM.
- Support Team members will review the financing toolkit in preparation to guide discussions at the September Council meeting, and will reach out to support team and council members to help lead table discussions.
- Backbone support staff will compile a list of the local forums and send an email request for Support Team members to provide ideas about how to engage local forums and develop a process for two-way communication.
- Backbone support staff will add the question for local forums to the end of the Council meeting agenda.
- Backbone support staff will begin to plan visits to the tribal health centers in our region and invite Council members to join those visits.
- Backbone support staff will send out the Youth Behavioral Health Coordination project action plan to the full Council.
- Backbone support staff will send more information about the Youth Behavioral Health Coordination project and the ACEs work group to Laurie Tebo to share with the new BHR youth director.
- The next CPAA Council Meeting will be **September 8, 2016; 1:00PM–4:00PM** at Summit Pacific Medical Center.
- The next Support Team Meeting will be **September 22, 2016; 1:30-3:30PM** via GoToMeeting. Meeting details will be emailed to the group.