



Youth Behavioral Health Coordination Project Work Group

Meeting Summary, 01/12/2016

I. Review Progress

Cowlitz County

Julie Nye, RN at Columbia Wellness provided an overview of how the project in Cowlitz is progressing.

Background: Dr. Dan Zorn, Superintendent Longview School District, was approached about the project to connect at risk youth with community based interventions and services in order to provide integrated care. Dr. Zorn was familiar with, and supported this concept, approving Monticello Middle School for the pilot. On September 1st, 2015, the assigned RN Care Coordinator met with the school principal. The goal was to identify a cohort of 10% of the school's total population of approximately 450 to be assisted during the school year. Looking at grades, attendance, and behaviors, the pilot work group identified youth at risk and in need of services. Immediately, a list of six students was identified. As of the end of December, twenty-six students have been identified.

Challenges: Through December, one RN has been assigned to this project; however her schedule is split between two other sites and management responsibilities. Columbia Wellness staffs a part-time school counselor at Monticello, and it would be ideal for an RN Care Coordinator to be on site the same days every week, overlapping with the school counselor.

Another challenge is engagement. Expanding the team to include a Community Health Worker would enhance the process of engagement. Transportation to and from appointments is often a challenge for our families. And although we offer transportation tokens, this does not work for everyone. A Community Health Worker would also be able to assist with home visits.

Outcomes: Of the twenty six students, twenty-one have had a needs assessment and screening, and are engaged with a Primary Care Provider; nineteen are engaged with a behavioral health provider either in the community or in the school; and five are resistant to engagement. Families have been connected with additional services such as housing, food, assistance with CPS and detention issues. Families have been provided education on medication usage and appropriate use of the emergency department.

Acute cases and/or situations are addressed immediately. Columbia Wellness staff is available even if they are off site. Pilot work group assistance has been requested for IEPs, threat assessments, and detention hearings.



Next Steps:

- Continue to monitor engagement, provide connections to services, and expand cohort.
- Work with school staff to look at ACEs scoring and building on positive connections to increase resiliency.

In November, Columbia Wellness, Child and Adolescent Clinic and other members of our community participated in the showing of Paper Tigers. Included was a panel discussion with included area educators. It was recognized that we have a need to provide education to our community about resiliency and how positive experiences in early life can help build resilience and protect a child from the effects of trauma.

Dr. Phyllis Cavens also discussed the progress of the Cowlitz County pilot site and provided that the school superintendent has approved the expansion of the program into two other schools; Robert Gary Elementary School and R.A. Long High School.

Wahkiakum

Stephanie Larson, representing ESD 112, provided an update that Chris Holmes, with Wahkiakum County Health and Human Services, held a meeting with community team members to further advance the work of the pilot project within Wahkiakum. This meeting included cross-sector stakeholders from law enforcement, education, behavioral health, primary care providers, and others. Community leaders discussed the vision for the work project, work flow ideas, and identified that a care coordinator was needed. The team meets monthly. Chris Holmes is currently looking at funding opportunities to support staffing.

Thurston/Mason County

Sara Ellsworth, with CR-ESD 113, provided an update for pilot sites in Thurston and Mason Counties. Last month, Sara, along with staff members from CHOICE, attended the Thurston-Mason Systems of Care meeting in order to broker a better relationship with the RSN, which has agreed to support the pilot project in both counties. Next steps for these pilot sites will be to hold a planning meeting with CR-ESD 113 and the Thurston/Mason RSN to discuss a more structured plan for school superintendents. This meeting is currently planned for January 25th.

II. 2016 Pilot Project Work Plan

The work plan was briefly reviewed, and the group suggested to move to discussion of the Medicaid Global Waiver template since the issue needed the quickest attention.

III. Medicaid Global Waiver Transformation Project

The Youth Behavioral Health Pilot was discussed and members identified resources and information to help develop and firm up the global waiver transformation project. Team members volunteered to review the template for submission. A copy of the submission is attached.



IV. Next Steps

- a. ESD 113 and the Thurston/Mason RSN will meet to develop a plan for the next Pioneer School District meeting.
- b. Sara Ellsworth agreed to connect Mandy Paradise with partners to discuss Project AWARE and how it can help the pilot project.
- c. Work group members will review the draft to the Global Waiver Template for the pilot project.
- d. The next work group meeting will be:
 - i. **Tuesday, January 26, 2016; 1:30-2:30PM**