



Youth Behavioral Health Coordination Project Work Group

Meeting Summary, 03/29/2016

I. Pilot Site Updates

Cowlitz

The group got an update of what is going on in Cowlitz County around the pilot project. Currently a plan is being developed for getting program referrals in the schools and how that process would work.

Wahkiakum

Wahkiakum is currently looking into funding for Care Coordinator(s) to be placed in the schools. They are also looking at this person being a MH provider which would help in access to care in that they would be able to see people regardless of their Medicaid/insurance status. They will know soon what the decision is about funding for this. The school is also reportedly applying for other funding for we are currently unsure about specifics for this.

Mason and Thurston Counties

Nobody on the call for Mason County at this time so no update for them. The group was told that the Thurston/mason BHO is on board with this project and is currently offering a 70/30 split for a mental health professional for pilot schools in Thurston county. Again this would help with barriers around insurances since this person could see anyone. MH professional would do counseling with targeted youth.

II. Pilot Project Progress Report-Draft

Group reviewed the Pilot Progress Report document. Pilot progress report would be ideally used to communicate internally but also externally with agencies like HCA or the public too. No objections were made to the progress report.

III. Data and Progress Measurement

Questions brought up around thinking about data to use: Is this the right data? What are the baselines? Who is the audience and what would speak to them?

Cowlitz County is currently looking at truancy and grades as a way to start to target youth that might need further BH assessment. This is data they already have. Regarding this, the group also discussed the need to use data that isn't too broad because you may capture 70% of your population with something like truancy for example.

The group talked about the possibility of using the healthy youth survey, among other sources of possible data that would be useful for the purposes of the youth BH project.

CCHE staff were open to being involved in this and starting a conversation with Cowlitz County about what kind of data they have available around metrics currently. Dr. Cavens, Adam and Allan would connect to



pursue this inquiry. Lynn from Thurston County also said they would like to do the same in Thurston. CCHE will work with her to talk about Thurston.

IV. HCA Presentation (presentation about RHIP development and deliverables)

The group went over the HCA presentation. Of note was the group being fairly confident that we are ahead of the curve with deliverables for this year and have basically accomplished what we would need to. Global Waiver was brought up and the question raised if this was our, “Showcase project” if that came about. The group agreed that the BH Pilot project would likely be the CPAA’s showcase project—at least that this is what would make sense currently. Overall the group expressed that we are doing well regarding the material in the presentation and there isn’t anything really surprising here.

V. Next Steps

- a. The next work group meeting will be:
 - i. **TBD – Doodle Poll Sent 3/22/2016**
- b. CCHE staff will be reaching out to Lynn Nelson in Thurston County and Adam Scattergood and Dr. Cavens in Cowlitz Co. to coordinate calls to explore potential data points and the feasibility of obtaining this data from their respective school districts.