Our Mission:
To improve community health through collective planning and action of leaders of health.
Jean Clark, CHOICE CEO, Looks Back on 2019

What a year for CHOICE Regional Health Network and Cascade Pacific Action Alliance (CPAA), the region's Accountable Community of Health (ACH) supported by CHOICE and administering the Medicaid Transformation Project (MTP).

As we reflect on 2019, it's important to remember that the region's accomplishments are more than just bullet points, although they culminate in an impressive list we're proud to share. Every success story, every training, every dollar of funding, every new and renewed partnership, and every completed milestone has deep and lasting impacts on the region's most vulnerable populations.

CHOICE partners, stakeholders, and community members are dedicated, inspired, and working hard to transform the healthcare delivery system. Never before have so many cross-sectors come together to improve community health. The shared successes, challenges, innovations, and lessons learned have all contributed to our region's transformation.

FINANCIAL OVERVIEW*

CHOICE is optimistic as we look ahead to the work still to be done and we move strategically towards achieving sustainability and scaling up successful projects to impact more lives. We have a solid foundation of shared vision to ensure the work continues for many years to come.

*The Financial Overview encompasses both CHOICE and CPAA, LLC. The CHOICE fiscal year ended September 30, 2019. CHOICE received an unmodified audit for the year.

As of November 2019, CPAA led the state in ACH distribution of MTP funds to partnering providers, with 69.68% of earned funds distributed.
Staffed by volunteer dental professionals, the Olympia Union Gospel Mission Dental Clinic provides no-fee dental care to over 1,800 patients a year. As part of the Thurston Oral Health Network (TOHN), the Mission treats uninsured, diabetic seniors. The dental care is paired with education about the relationship between oral health and diabetes. In 2019, the Mission demonstrated that providing dental care has improved clients' oral health and diabetes, and also improved overall quality of life for their patients. One participant of the program explained that after losing her two front teeth, she felt embarrassed about smiling. After receiving care at the Mission, she immediately started smiling.

**NAVIGATOR HEALTH INSURANCE**

- During Open Enrollment, the CHOICE network of Navigators hosted or attended over 20 sign-up events around the region.
- Throughout 2019, Navigators enrolled or renewed over 8,000 people into Washington Apple Health (Medicaid) and Qualified Health Plans.

**ORAL HEALTH PROGRAMS (ABCD, OHC, TOHN)**

- Thurston Oral Health Network (TOHN) provided dental care to 215 individuals.
- Oral Health Connections (OHC) launched January 1, 2019. OHC focuses on pregnant women and adults with diabetes who are enrolled in Washington Apple Health. 182 individuals were enrolled in OHC and over 125 providers became OHC-certified.
- 634 children were enrolled in Access to Baby & Child Dentistry (ABCD).
- Over 200 providers participated in Opioid Safety Training for dentists.

**OPIOID USE REDUCTION & RECOVERY (OURR) ALLIANCE**

- 191 participants have been served by OURR Alliance.
- OURR Alliance piloted the first-ever Certified Peer Counselor (CPC) training with a specific focus on peers who have been impacted by opioid use disorder. More than 60 peers have graduated.

**YOUTH MARIJUANA PREVENTION & EDUCATION PROGRAM (YMPEP)**

- Dr. Jason Kilmer from the University of Washington started speaking around the region to educate parents, teachers, and community members about the impacts of marijuana on the developing brain.
6 Building Blocks

Quality Improvement

One Key Question
- Pregnancy
- Intention Screening

The Language of Stigma

Harm Reduction

Opioid Safety for Dentists

Evaluating and Treating Hepatitis C

Transforming Trauma

Staff Exercising Self-Care

Completed and In-Progress Partner Milestones

CPAA Partners Share Harm Reduction Strategies

CarePort Manager Michael O'Neill

Staff Exercising Self-Care

Completed and In-Progress Partner Milestones

CPAA Partners Share Harm Reduction Strategies

CarePort Manager Michael O'Neill

Transforming Trauma Learning Collaborative with Laura vanDernoot Lipsky

2,190
Completed and In-Progress Partner Milestones*

29
Trainings & Events with 1,786+ Participants

73.7%
Regional Compliance*

*Regional Compliance is a weighted average of complete and in-progress milestones out of all possible milestones

*MTP partners self-identified milestones to track progress towards project implementation
EHR Enhancement for behavioral health providers

Monthly Provider Readiness Workgroup comprised of both the Great Rivers and Thurston-Mason regions

"Managed Care Contracting from a Position of Strength" training with Adam Falcone

Contract with Xpio Health for partner technical assistance

As an on-time adopter, the CPAA region transitioned to IMC January 1, 2020. While the ACH did not receive funding to support IMC, CPAA made targeted investments to help partners successfully make the transition:

- EHR Enhancement for behavioral health providers
- Monthly Provider Readiness Workgroup comprised of both the Great Rivers and Thurston-Mason regions
- "Managed Care Contracting from a Position of Strength" training with Adam Falcone
- Contract with Xpio Health for partner technical assistance

There is an undeniable link between poverty and poor health. For those living in poverty, factors such as trauma, homelessness, substance use, food insecurity, and low health knowledge levels contribute to health issues. Coastal CAP works with low income individuals and families in Grays Harbor and Pacific counties. Through Community CarePort, CPAA’s community-based care coordination program, Coastal CAP has been able to provide social support, connections with community resources, and access to medical services to enhance their existing services.
CHOICE prioritized social media in 2019, successfully implementing a strategy to increase engagement and reach.*

<table>
<thead>
<tr>
<th>Month</th>
<th>Facebook</th>
<th>Instagram</th>
<th>Twitter</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 2019</td>
<td>97%</td>
<td>87%</td>
<td>67%</td>
</tr>
<tr>
<td>December 2019</td>
<td>100%</td>
<td>92%</td>
<td>68%</td>
</tr>
</tbody>
</table>

*Growth shown in percent increase. 100% represents reaching all Facebook followers.

CHOICE has 20 employees. Pictured during the summer staff retreat, CHOICE is committed to staff self-care and promotes telework, professional development, wellness activities, regular potlucks, and Furry Friend Fridays.

Eric Moll, Chair
CEO, Mason General Hospital & Family of Clinics

Josh Martin, Vice-Chair
CEO, Summit Pacific Medical Center

Larry Cohen, Secretary
CEO, Ocean Beach Hospital

Laurie Tebo, Treasurer
CEO, Behavioral Health Resources

Tom Jensen, Past Chair
CEO, Grays Harbor Community Hospital

JP Anderson
Director, Lewis County Public Health & Social Services

Medrice Coluccio
CEO, Providence SW Washington Region & Providence St. Peter Hospital

Winfred Danke
Executive Director, Providence St. Peter Hospital

Jane Geraci
MD, Primary Care Chief, Providence Medical Group

Mary Goetz
Director, Pacific County Public Health & Human Services

Karolyn Holden
Director Grays Harbor Public Health

Matthew Kempton
CEO, Willapa Harbor Hospital

Melanie Matthews
CEO, Physicians of Southwest Washington

Harshiem Ross
VP Medical Ops, Sea Mar Community Health Centers

Schelli Slaughter
Director, Thurston County Public Health & Social Services

Gaelon Spradley
CEO, Valley View Health Center

Richard Stride
CEO, Cascade, A Behavioral Health Agency

Mark Turner
CEO, Capital Medical Center

David Windom
Director, Mason County Community Services

1217 4th Avenue East, Suite 200 • Olympia, WA 98506-4246
www.crhn.org • www.cpaawa.org